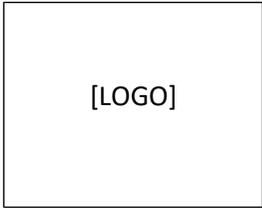




Regular Dental Care Is Important!



HEALTHY DENTAL HABITS

- Brushing and flossing daily
- Using fluoride toothpaste
- Eating healthy foods
- Drinking fluoridated water



- Dental visits 2x per year
- Exams and x-rays
- Fluoride treatments
- Dental sealants

Dental providers offer safe care

EVERY DAY SAFETY



- Proper handwashing and alcohol-based hand rubs



- Gloves, masks/face shields, protective clothing and eyewear



- Proper cleaning of surfaces
- Sterilization of equipment

CONTACT US ABOUT DENTAL CARE

[PROGRAM]
[PHONE]
[EMAIL]
[WEBSITE]

Ask how dental sealants can prevent cavities



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FOR MORE INFORMATION VISIT: portal.ct.gov/DPH or [CDC.gov/oral health](http://CDC.gov/oral%20health)

